

Part of the "unBroken Project," a series of works about mental and emotional health.

# Ele(mental)

Mallets (High Version)

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(ASCAP)

## Movement 1: Air (Joy)

Joyful! ♩=144

Bells & Vibes (hard mallets)

mf f

5

f

15

sub. p f

mf

1. 2.

f

26

## Movement 2: Earth (Anxiety/Depression)

Anxious ♩=128

Bells/Xylo/Vibes/Mar.  
(hard mallets)

5

fp f ff fp f

46

Div.

fp f

50

10": Repeat notes, out of time, quietly, then with growing volume and agitation

ff

fp f p ff p ff

Peaceful ♩=80

Movement 3: Water (Peace & Stillness)

Bells & Vibes (hard mallets)

Play 2X Only

61 *mp* 62 63 64 65

66 67 68 69

1. Play 1st Time (let ring) 2.

70 *mp* 71 72 73 74 75 76

77 *mp* 78 79 80 81 82 84 85 *p*

Movement 4: Fire (Anger/Aggression)

FURIOUS! ♩=144

Bells/Xylo./Vibes/Mar. (hard mallets)

86 *fp* 87 88 89 90 *ff*

92 *f* 93 94 *ff* 95 96 *f*

97 98 *ff* 99 100 *f* 101 102

103 *fp* 104 *ff* 105 *fp* 106 *cresc.*

107 *ff* 108 110 *f* 111 *fp* 112 *ff*